



2019 Continuing Education

Thursday, January 31, 2019

Fundamental & Advanced Aspects of Clinical Social Work Supervision: Monitoring & Mentoring Model

Presenter: Dr. Carlton Munson, PhD, MSW

8:30 am – 11:45 am

(8:00 am check-in & continental breakfast) (3 hours)

Location: Beaver Creek Country Club Fee: \$ 69.00

This seminar is designed for, but not limited to, social workers desiring to meet the Maryland Board of Social Work Examiners' Standards to become an "Approved Supervisor" of practitioners seeking licensure. Instruction will cover basic and advanced clinical, legal, and administrative aspects of clinical supervision practice and the supervisor's monitoring and mentoring roles in relation to intervention provided by agency and private practitioners. Changes in the Maryland social work practice statutes and regulations implemented in July of 2018 will also be discussed in detail.

Friday, February 22, 2019

Multigenerational Substance Use

Presenter: Donna Fogle, LCSW-C, LCADC

8:30 am – 11:45 am

(8:00 am check-in & continental breakfast) (3 hours)

Location: Beaver Creek Country Club Fee: \$ 69.00

The inheritance of family substance use disorders is often a combination of genetic factors and environmental circumstances. It can be a destructive force in families and makes recovery difficult for the individual. The focus of this seminar will be on the impact of family substance use, co-occurring disorders, generational views regarding the use of substances, preferences of substances by age groups, co-dependency, and the misuse of prescription and OTC medications. Assessment tools and interventions strategies will be covered.

In Recognition of Social Work Month

Friday, March 8, 2019

The Psychological Impact of Human Trafficking

Presenters: Chelsea Haverly, LCSW-C, TF-CBT, mbr. MD Human Trafficking Task Force & Amanda Rodriguez, Esq. co-chair, Legislative Subcommittee for MD Human Trafficking Task Force

8:00 am – 12:15 pm (4 hours)

(8:00 am check-in & continental breakfast) Fee: \$ 79.00

Location: Beaver Creek Country Club

Clinicians will gain an understanding of the underpinnings of human trafficking to help them work effectively with clients that may have the potential to be involved, may be currently involved or have previously been involved in human trafficking. The prevalence of human trafficking, the psychological, behavioral and physical indicators, and mental health risks associated with human trafficking will be covered in detail. Therapeutic interventions to address safety, build rapport, manage difficult emotions and process grief will be presented utilizing a trauma-informed framework.

Friday, March 29, 2019

DSM-5 Diagnostic Update

Presenter: Dr. Carlton Munson, PhD, MSW

8:30 am – 11:45 am

(8:00 am check-in & continental breakfast) (3 hours)

Location: Beaver Creek Country Club Fee: \$ 69.00

This in-depth seminar will update clinicians on the most effective and efficient use of DSM-5. Details and intricacies of the DSM-5 will be explored in the context of the six item "Case Formulation Assessment" used for recording and reporting diagnoses along with outlining a treatment plan. Upcoming changes for the ICD-11 code will be discussed.

Tuesday, April 16, 2019

31st Annual Child Welfare Workshop

Our Children, Our Community

8:00 am – 3:15 pm

(7:15 am check-in & continental breakfast) (5 hours)

Location: Hager Hall Convention & Event Center Fee: \$ 59.00

This collaborative event will provide a variety of topics designed to provide current, practical and meaningful information for individuals who work with Our Children in Our Community. Collaborating agencies: Big Brothers Big Sisters of Washington County; Brook Lane; Meritus Behavioral Health Services; Potomac Case Management; The Mental Health Center of Western Maryland; Washington County Department of Social Services; Washington County Health Department; Washington County Mental Health Authority & Washington County Public Schools.

In Recognition of Mental Health Awareness Month, Brook Lane presents:

Friday, May 31, 2019

Obsessive-Compulsive Disorder (OCD)

Presenter: Thea Gallagher, Psy.D.

8:30 am – 3:45 pm (6 hours)

(8:00 am check-in & continental breakfast, lunch provided)

Location: Beaver Creek Country Club Fee: \$109.00

This seminar, presented by Thea Gallagher, Psy.D., clinic director at the Center for the Treatment and Study of Anxiety (CTSA) in the Perelman School of Medicine at the University of Pennsylvania, will explore the latest research and treatment modalities for Obsessive-Compulsive Disorder (OCD). Since the founding of the Center for Treatment and Study of Anxiety in 1979, OCD has been a specialty and many of the state-of-the-art treatments for OCD have been developed at the Center. This presentation will discuss the diagnosis of OCD in the context of other influential factors, risk factors for treatment refractory OCD and introduce various assessment tools and treatment recommendations for OCD.

2019 Brook Lane Continuing Education Seminars

For a complete program description (when available) visit: www.brooklane.org

In Recognition of PTSD Awareness Month

Friday, June 7, 2019

Evidence-Based Assessment of Trauma & PTSD

Presenter: Sandy Capaldi, Psy.D., Ctr for Treatment & Study of Anxiety Disorders, Perleman School of Medicine, Univ. Penn
8:30 am – 3:45 pm (6 hours)

(8:00 am check-in & continental breakfast, lunch provided)
Location: Beaver Creek Country Club Fee: \$109.00

Lifetime prevalence of Posttraumatic Stress Disorder (PTSD) is nearly 9% in the U.S. While PTSD is commonly associated with military combat and war exposure, it can occur from experiences involving traumatic accidents, life-threatening illness, physical and sexual abuse and natural disasters. This seminar will discuss the diagnostic criteria for PTSD and other considerations in the formulation of a diagnosis with special focus on current, valid and reliable assessment tools (specifically, the PDS-5 and PSSI-5). Emotional processing theory and prolonged exposure therapy for the treatment of PTSD will also be presented.

*Friday, September 13, 2019 **NEW DATE!***

Annual Clinical, Legal & Ethical Issues Seminar

Lead presenter: Dr. J. Emmet Burke, PhD, JD

8:30 am – 11:45 am (3 hours)
(8:00 am check-in & continental breakfast)
Location: Beaver Creek Country Club Fee: \$ 69.00

This annual seminar will provide three hours of continuing education in ethics, law, professional conduct and risk management to satisfy Maryland licensure requirements. The focus of the seminar will be on current ethical challenges and will offer best-practices in managing those challenges.

Friday, October 4, 2019

Mindfulness-based Techniques for Youth

Presenters: Molly Love, LCSW & Frankie Engelking
8:30 am – 11:45 am (3 hours)
(8:00 am check-in & continental breakfast) Fee: \$69.00
Location: Beaver Creek Country Club

This experiential-training will provide practical mindfulness activities that can be used by both youth and practitioners in a variety of settings. Attendees will learn interventions that can help with executive functioning and build self-regulation skills. The neuroscience supporting the connection between mind and body and how it influences emotions/behavior will be explored.

Friday, October 18, 2019

Working with Individuals with Borderline Personality Disorder (BPD)

Presenters: Jude Boyer-Patrick, MD & Tamara Huff, LCPC
8:30 am – 11:45 am (3 hours)
(8:00 am check-in & continental breakfast)
Location: Beaver Creek Country Club Fee: \$ 69.00

This seminar will provide an in-depth review of the diagnostic criteria for BPD, assessment tools and treatment protocols. Prevalence, treatment challenges and the probability of recovery will be examined. Assessment tools to be covered include the clinical interview, self-report instruments, self-harm inventories and other methods.

Friday, November 8, 2019

Supporting & Affirming Gender-Diverse Clients

Presenter: Kate MacShane, M.Ed., MSW, LCSW-C
8:30 am – 11:45 am (3 hours)
(8:00 am check-in & continental breakfast)
Location: Beaver Creek Country Club Fee: \$ 69.00

Cultural competency for working with gender-diverse clients will be the focus of this training. A foundational understanding of the difference between sex, gender identity, gender expression, and sexual orientation will be presented. Discussion will include mental health risks and protective factors for transgender people; special issues in working with transgender and gender nonconforming youth; options for gender-affirming surgeries and other medical treatment; the role of partners/families in gender exploration and transition; and the role of the clinician in the treatment of gender-diverse individuals.

Friday, December 6, 2019

Strength-based Intervention Strategies for Working with Individuals with Autism

Presenters: Jenny McFarland, LCSW-C; Heather Hinkle, M.Ed.
8:00 am – 12:15 pm (4 hours)
(7:30 am check-in & continental breakfast)
Location: Beaver Creek Country Club Fee: \$ 79.00

The focus of this seminar will be building upon the strengths of individuals on the autism spectrum and how to use those strengths to develop effective interventions, support plans and behavior plans. Attendees will learn practical strength-based positive strategies that they can use in their clinical practice when working with individuals with autism as well as those experiencing challenges managing life's stressors.

Professional Continuing Education Credits



CEU Policy: Partial credit is not permitted for any seminar. To receive any CEUs, attendees must be on time and attend 100% of a Brook Lane sponsored seminar.

Maryland Social Workers: Brook Lane Health Services, Inc. is an approved sponsor of the Maryland Board of Social Work Examiners for Category 1 continuing education credits for licensed social workers in Maryland.

Maryland Psychologists: The Maryland State Board of Examiners for Psychologists will accept continuing education hours provided by Brook Lane, an approved CE sponsor by the Maryland State Board of Social Worker Examiners.

Counselors/Therapists: Brook Lane has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5452. Programs that do not qualify for NBCC credit are clearly identified. Brook Lane is solely responsible for all aspects of the programs.

Other Professionals: A certificate of completion noting the number of educational/contact hours will be provided to allow attendees to apply for CE credit as an individual.

Many of our seminars are funded in part by the William B. & Sylvia A. Hunsberger Fund