



## In Recognition of PTSD Awareness Month

# Continuing Education

# Evidence-based Assessment of Trauma and PTSD

**Friday, June 7, 2019**

**8:30 am – 3:45 pm (6-hours)**

Lifetime prevalence of Posttraumatic Stress Disorder (PTSD) is nearly 9% in the U.S. While PTSD is commonly associated with military combat and war exposure, it can occur from experiences involving traumatic accidents, life-threatening illness, physical and sexual abuse and natural disasters. This seminar will discuss the diagnostic criteria for PTSD and other considerations in the formulation of a diagnosis with special focus on current, valid and reliable assessment tools (specifically, the PDS-5 and PSSI-5). Emotional processing theory and prolonged exposure therapy for the treatment of PTSD will also be presented.

**At the conclusion of the seminar, attendees should be able to:**

- Define trauma and review DSM-5 criteria for PTSD
- Discuss other considerations in making diagnosis (cultural factors, differential diagnosis)
- Review comorbidity, prevalence, course, and prognosis of PTSD
- Discuss risk factors for development of PTSD
- Define assessment reliability and validity and discuss recommendations for PTSD assessment method and structure
- Introduce the PDS-5 and PSSI-5
- Discuss administration and scoring conventions of the PSSI-5
- Rate a sample PSSI-5
- Review emotional processing theory and Prolonged Exposure Therapy for PTSD

### **Featured Presenter:**

**Sandy Capaldi, PsyD**, is a licensed clinical psychologist and the associate director for the Center for Treatment and Study of Anxiety at Perelman School of Medicine at the University of Pennsylvania. She has a variety of clinical experiences with patient populations ranging from children to older adults. Dr. Capaldi specializes in Prolonged Exposure Therapy (PE) for PTSD, Exposure and Response Prevention (EX/RP) for OCD, and cognitive-behavioral treatment for trichotillomania, excoriation disorder, social anxiety, panic disorder, specific phobias, and generalized anxiety. Dr. Capaldi received her undergraduate degree in psychology at Temple University, master's degree in clinical psychology at MCP Hahnemann University and completed her doctoral studies in clinical psychology at Philadelphia College of Osteopathic Medicine.

**Beaver Creek Country Club**  
9535 Mapleville Road  
Hagerstown, MD 2170

### **Continuing Education Credits**

**Maryland Social Workers:** Brook Lane is an approved sponsor of the Maryland Board of Social Work Examiners for continuing education credits for licensed social workers in Maryland. Brook Lane is solely responsible for all aspects of the Program. This program will provide 6.0 credit hours of Category 1 continuing education; partial credit will not be awarded.

**Maryland Psychologists:** The Maryland State Board of Examiners for Psychologists will accept continuing education hours provided by Brook Lane, an approved CE sponsor by the Maryland State Board of Social Worker Examiners; partial credit will not be awarded.

**Counselors/Therapists:** Brook Lane has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5452. Programs that do not qualify for NBCC credit are clearly identified. Brook Lane is solely responsible for all aspects of the program. This program will provide 6 clock hours; partial credit will not be awarded.



**Other Professionals:** A certificate of completion noting the number of educational/contact hours will be provided.

*This program is funded in part by the  
William B. and Sylvia A.  
Hunsberger Fund*

### **Registration Information**

**Seminar Fee: \$109.00**

(includes continental breakfast, lunch & CEUs)

To Register: See reverse side

Questions: [deb.staley@brooklane.org](mailto:deb.staley@brooklane.org)

# Brook Lane Seminar Registration Form



**Seminar: Evidence-based Assessment of Trauma and PTSD**

**Date: Friday, June 7, 2019**

**Location: Beaver Creek Country Club, 9535 Mapleville Rd, Hagerstown, MD 21740**

**Times: Check-in: 8:00 am - 8:30 am \* Training: 8:30 am - 3:45 pm (6-hours)**

**Continental breakfast and lunch will be provided**

**Fee: \$109.00 per person**

**Please PRINT Clearly**

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Email (\*required for registration/confirmation): \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_ Contact Phone #: \_\_\_\_\_

Discipline: [ ] Social Worker [ ] Counselor [ ] Psychologist [ ] \_\_\_\_\_

**Payment Information:** (Checks should be made payable to Brook Lane)

Payment Method: [ ] Check #: \_\_\_\_\_ Credit Card: [ ] MasterCard [ ] Visa [ ] Discover

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Cardholder Signature: \_\_\_\_\_ CW Code: \_\_\_\_\_

**Cancellation Policy:** A \$10.00 processing fee applies to all cancellations. To receive a refund (less the cancellation processing fee), cancellations must be made in writing and received no later than one week prior to the seminar (5:30 pm, Friday, May 31, 2019). No refunds will be made after that date or for no-shows on the day of the seminar.

**Questions:** Debbie Staley, Manager of Continuing Education

deb.staley@brooklane.org 301-733-0331 ext. 1189

Fax: 301-733-4038

## To Register by Mail:

Complete the form and mail with payment to  
Attn: SEMINAR Cashier  
Brook Lane, PO Box 1945, Hagerstown, MD 21742

## To Register Online:

**www.brooklane.org**  
On the left hand side of homepage  
click on: Continuing Education Events

**Driving Directions to  
Beaver Creek Country Club  
9535 Mapleville Road, Hagerstown, MD 21740**

**From Interstate 70**

- Take MD exit 35 (Smithsburg/Boonsboro Rt. 66)
- From the West, turn right off the exit
- From the East, turn left off the exit
- Proceed .5 mile
- Beaver Creek Country Club will be on the left

**From Interstate 81**

- Take Interstate 70 East
- Take MD exit 35 (Smithsburg/Boonsboro Rt. 66)
- From the West, turn right off the exit
- From the East, turn left off the exit
- Proceed .5 mile
- Beaver Creek Country Club will be on the left



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