



In Recognition of Mental Health Awareness Month

Continuing Education

Obsessive-Compulsive Disorders (OCD)

Friday, May 31, 2019

8:30 am – 3:45 pm (6-hours)

(8:00 am – 8:30 am Registration Check-in & Continental Breakfast)

This seminar, presented by Thea Gallagher, Psy.D., clinic director at the Center for the Treatment and Study of Anxiety (CTSA) in the Perelman School of Medicine at the University of Pennsylvania, will explore the latest research and treatment modalities for obsessive-compulsive Disorder (OCD). Since the founding of the Center for Treatment and Study of Anxiety in 1979, OCD has been a specialty and many of the state-of-the-art treatments for OCD have been developed at the Center. This presentation will discuss the diagnosis of OCD in the context of other influential factors, risk factors for treatment refractory OCD and introduce various assessment tools and treatment recommendations for OCD.

At the conclusion of the seminar, attendees should be able to:

- Define obsessions and compulsions and review DSM-5 criteria for OCD
- Discuss other considerations in making diagnosis (cultural factors, differential diagnosis)
- Discuss risk factors for treatment refractory OCD and how to assess
- Discuss recommendations for OCD assessment method and structure
- Introduce the Y-BOCS, OCI-R, BABS, and DIAMOND
- Discuss administration and scoring conventions of the YBOCS, OCI-R, BABS, and DIAMOND
- Review session one of Exposure and Response Prevention Therapy for OCD

Featured Presenter:

Thea Gallagher, Psy.D., is the clinic director at the Center for the Treatment and Study of Anxiety (CTSA) in the Perelman School of Medicine at the University of Pennsylvania where she coordinated the OCD treatment study, and is a study therapist. She specialized in Prolong Exposure Therapy (PE) for Posttraumatic Stress Disorder, Exposure and Response (Ritual) Prevention (EX/RP) for OCD, and cognitive-behavioral treatments for social anxiety, panic disorder, specific phobias and generalized anxiety. Dr. Gallagher completed her Psy.D. in Clinical Psychology at Philadelphia College of Osteopathic Medicine.

Beaver Creek Country Club
9535 Mapleville Road
Hagerstown, MD 2170

Continuing Education Credits

Maryland Social Workers: Brook Lane is an approved sponsor of the Maryland Board of Social Work Examiners for continuing education credits for licensed social workers in Maryland. Brook Lane is solely responsible for all aspects of the Program. This program will provide 6.0 credit hours of Category 1 continuing education; partial credit will not be awarded.

Maryland Psychologists: The Maryland State Board of Examiners for Psychologists will accept continuing education hours provided by Brook Lane, an approved CE sponsor by the Maryland State Board of Social Worker Examiners; partial credit will not be awarded.



Counselors/Therapists: Brook Lane has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5452. Programs that do not qualify for NBCC credit are clearly identified. Brook Lane is solely responsible for all aspects of the program. This program will provide 6 clock hours; partial credit will not be awarded.

Other Professionals: A certificate of completion noting the number of educational/contact hours will be provided.

*This program is funded in part by the
William B. and Sylvia A.
Hunsberger Fund*

Registration Information

Seminar Fee: \$109.00

(includes continental breakfast, lunch & CEUs)

To Register: See reverse side

Questions: deb.staley@brooklane.org
301-733-0331 x 1189

Brook Lane Seminar Registration Form



Seminar: Obsessive-Compulsive Disorder (OCD)

Date: Friday, May 31, 2019

Location: Beaver Creek Country Club, 9535 Mapleville Rd, Hagerstown, MD 21740

Times: Check-in: 8:00 am - 8:30 am * Training: 8:30 am - 3:45 pm (6-hours)

Continental breakfast and lunch will be provided

Fee: \$109.00 per person

Please PRINT Clearly

First Name: _____ Last Name: _____

Email (*required for registration/confirmation): _____

Address: _____ City: _____

State: _____ Zip: _____ Contact Phone #: _____

Discipline: Social Worker Counselor Psychologist _____

Payment Information: (Checks should be made payable to Brook Lane)

Payment Method: Check #: _____ Credit Card: MasterCard Visa Discover

Cardholder Name: _____

Cardholder Address (if different than above): _____

Account No. _____ Expiration Date: _____

Cardholder Signature: _____ CW Code: _____

Cancellation Policy: A \$10.00 processing fee applies to all cancellations. To receive a refund (less the cancellation processing fee), cancellations must be made in writing and received no later than one week prior to the seminar (5:30 pm, Friday, May 24, 2019). No refunds will be made after that date or for no-shows on the day of the seminar.

Questions: Debbie Staley, Manager of Continuing Education

deb.staley@brooklane.org 301-733-0331 ext. 1189

Fax: 301-733-4038

To Register by Mail:

Complete the form and mail with payment to
Attn: SEMINAR Cashier
Brook Lane, PO Box 1945, Hagerstown, MD 21742

To Register Online:

www.brooklane.org
On the left hand side of homepage
click on: Continuing Education Events

**Driving Directions to
Beaver Creek Country Club
9535 Mapleville Road, Hagerstown, MD 21740**

From Interstate 70

- Take MD exit 35 (Smithsburg/Boonsboro Rt. 66)
- From the West, turn right off the exit
- From the East, turn left off the exit
- Proceed .5 mile
- Beaver Creek Country Club will be on the left

From Interstate 81

- Take Interstate 70 East
- Take MD exit 35 (Smithsburg/Boonsboro Rt. 66)
- From the West, turn right off the exit
- From the East, turn left off the exit
- Proceed .5 mile
- Beaver Creek Country Club will be on the left



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