



2018 Continuing Education

Friday, January 26, 2018

Social Media and its Impact on Adolescent Behavioral Health

Presenter: Susan Corley, LCSW-C

8:30 am – 11:45 am

(8:00 am check-in & continental breakfast) (3 hours)

Location: Beaver Creek Country Club Fee: \$ 69.00

Social media, in all of its various forms, has become an integral part of the teenage experience. It can have both a positive and negative effect during a time when teens are developing their sense of identity and peer influence and acceptance is so important. This seminar will explore the vulnerabilities of the teenage brain and the influence social media can have on adolescent behavioral health. Discussion will include the importance of assessing a teen's social media use, identifying potential negative effects that may arise from the use of social media and interventions to address behavioral concerns.

Eating Disorders Screening Program Month

Friday, February 23, 2018

Family-based Therapy for Children & Adolescents with Anorexia

Presenter: Jennifer Moran, PsyD, Center for Eating Disorders at Sheppard Pratt

8:30 am – 11:45 am

(8:00 am check-in & continental breakfast) (3 hours)

Location: Beaver Creek Country Club Fee: \$ 69.00

Family-Based Treatment (FBT) has proven to be an effective model in the treatment of Anorexia Nervosa in children and adolescents. For child and adolescent patients, empowering the family to help combat the eating disorder can lead to higher recovery rates and less risk for relapse. Dr. Moran, licensed clinical psychologist serving adolescents, adults and families in the outpatient department at The Center for Eating Disorders at Sheppard Pratt, will present the "Maudsley" approach to eating disorder treatment. The background, theory and application of FBT will be discussed as well as strategies for including the family into the treatment process.

In Recognition of Social Work Month

Thursday, March 22, 2018 FREDERICK

Improving Outcomes in the Treatment of Individuals with Fetal Alcohol Spectrum Disorder (FASD)

Presenter: Dan Dubovsky, MSW (6 hours)

8:30 am – 3:45 pm Fee: \$ 109.00

(8:00 am check-in & continental breakfast-lunch also provided)

Location: Mount St. Mary's University Frederick Conf. Center

This full-day training will provide the most current research on FASD, a group of conditions that can occur in an individual who was exposed to prenatal alcohol. These conditions are often misdiagnosed as other mental health disorders such as ADHD, Oppositional Defiant Disorder, Autism, and Borderline Personality Disorder and typical treatment approaches are mostly ineffective for FASD. Discussion will include risk factors, signs and symptoms, prevention and will highlight interventions and treatment options for working with this population.

In Recognition of Child Abuse Month

Tuesday, April 17, 2018

30th Annual Child Welfare Workshop *Our Children, Our Community*

8:00 am – 3:15 pm

(7:15 am check-in & continental breakfast) (5 hours)

Location: Hager Hall Convention & Event Center Fee: \$ 59.00

This collaborative event will provide a variety of topics designed to provide current, practical and meaningful information for individuals who work with ***Our Children*** in ***Our Community***. Collaborating agencies: Big Brothers Big Sisters of Washington County; Brook Lane; Meritus Behavioral Health Services; Potomac Case Management; The Mental Health Center of Western Maryland; Washington County Department of Social Services; Washington County Mental Health Authority and Washington County Public Schools.

In Recognition of Mental Health Month

Thursday, May 10, 2018

Creative Ways to Incorporate Music in the Therapeutic Process

Presenter: Bronwen Landless, MMT, MT-BC

8:30 am – 11:45 am (3 hours)

(8:00 am check-in & continental breakfast) Fee: \$ 69.00

Location: Beaver Creek Country Club

This training will include a synopsis of music therapy and how music impacts humans on neurophysiological, emotional, and social levels. Participants will be introduced to several music therapy principles and music interventions geared towards addressing non-musical goals with people with mental illness. Ethics regarding scope of practice will also be discussed. Participants will end the training with an experiential component on using music for relaxation and self-care.

Thursday, May 31, 2018

I Control Anger Now (ICAN): A Multi-generational Approach to Aggression Management

Presenters: Vickie Beck, APRN, CNS, BC (6 hours)

8:30 am – 3:45 pm Fee: \$109.00

(8:00 am check-in & continental breakfast-lunch also provided)

Location: Beaver Creek Country Club

Ms. Beck is a board certified child and adolescent clinical nurse specialist with over 40 years of experience in working with children and their families. Her vast experience in working with patients in both the inpatient and outpatient settings, as well as her work with traumatized children and adults, was the catalyst to the development of a comprehensive protocol for the treatment of aggression entitled ***ICAN: I Control Anger Now***. During this session, Ms. Beck will share the ICAN treatment protocol and discuss its adaptation with clients of different ages from different cultures.

Brook Lane 2018 Continuing Education

For a complete program description (when available) visit: www.brooklane.org

Wednesday, September 12, 2018

Annual Clinical, Legal & Ethical Issues Seminar

Lead Presenter: Dr. J. Emmet Burke, PhD, JD
8:30 am – 11:45 am (3 hours)
(8:00 am check-in & continental breakfast)
Location: Beaver Creek Country Club Fee: \$ 69.00

This annual seminar will provide three hours of continuing education in ethics, law, professional conduct and risk management to satisfy Maryland licensure requirements. The focus of the seminar will concentrate on current ethical challenges and will offer best-practices in managing those challenges.

Friday, October 5, 2018 **FREDERICK**

Sexual Addiction in the Digital Age with Special Focus on Addiction Interaction Disorder

Presenter: Jennifer Weeks, PhD, LPC, CAADC, CSAT-S, CMAT
Founder/Director Sexual Addiction Treatment Services (SATS)
8:30 am – 3:45 pm (6 hours)
(8:00 am check-in & continental breakfast) Fee: \$109.00
Lunch will be provided
Location: Mount St. Mary's Univ. Frederick Conference Center

The field of technology as it relates to intimacy disorders will be the focus of this full-day training. Discussion will include: current research on sexual compulsivity and addiction; problem sexual behavior vs. sexual addiction; correlation between sexual addiction and substance use disorders; digital technology and how it can escalate addictive behavior patterns and more.

Friday, October 26, 2018

Psychiatric Pharmacology Update

Presenter: Jamal Fawaz, MD
8:00 am – 12:15 pm (4 hours)
(7:30 am check-in & continental breakfast) Fee: \$ 79.00
Location: Beaver Creek Country Club

This 4-hour psychopharmacology update will provide comprehensive information on the psychopharmacological treatment of psychiatric disorders most commonly encountered in clinical practice. Discussion will include complex and challenging conditions. The latest advances in the treatment will be presented with emphasis on the importance of working within a framework that integrates biological and psychodynamic treatment.

Friday, November 9, 2018

ADHD Across the Life Span

Presenter: Angela Dumitrache, MD
8:30 am – 11:45 am (3 hours)
(8:00 am check-in & continental breakfast) Fee: \$ 69.00
Location: Beaver Creek Country Club

ADHD is one of the most common neurodevelopmental disorders of childhood. 75% of children diagnosed with ADHD will continue with symptoms into adulthood. As individuals move through developmental stages, different environmental stressors further complicate the presentation of symptoms. This training will discuss the complexities of ADHD at various life-states and common comorbid conditions. Evidence-based, age-appropriate pharmaceutical and non-pharmaceutical treatment strategies will be presented.

Friday, December 7, 2018

Working with Children/Adolescents after Suicide or Overdose Loss

Presenters: Sarah Montgomery, LCSW-C & Joy McCrady, MS, LGPC, NCC, Chesapeake Life Center Hospice, Pasadena, MD
8:30 am – 11:45 am (3 hours)
(8:00 am check-in & continental breakfast) Fee: \$ 69.00
Location: Beaver Creek Country Club

The number of overdose and suicide deaths in the U.S. is at an all-time high. The grief associated with these traumatic losses can have a devastating impact on family members left behind. The developmental age of children impacted by such a loss presents unique challenges for mental health therapists. This training will discuss current grief theory and provide strategies and techniques for helping bereaved youth navigate the grieving process. Therapists will learn specific age-appropriate approaches to use for helping young clients give voice to their feelings and learn healthy ways cope & flourish.



Professional Continuing Education Credits

Note: Partial credit will not be awarded for any seminar. To receive any credit, attendees must be on time and attend 100% of the seminar.

Maryland Social Workers: Brook Lane Health Services, Inc. is an approved sponsor of the Maryland Board of Social Work Examiners for Category 1 continuing education credits for licensed social workers in Maryland. Partial credit will not be awarded.

Maryland Psychologists: The Maryland Board of Examiners for Psychologists will accept continuing education hours provided by Brook Lane, an approved sponsor of the Maryland Board of Social Work Examiners. Partial credit will not be awarded.

Counselors/Therapists: Brook Lane has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5452™. Programs that do not qualify for NBCC credit are clearly identified. Brook Lane is solely responsible for all aspects of the program. Partial credit will not be awarded.

Other Professionals: A certificate of completion noting the number of educational/contact hours will be provided for other disciplines to allow attendees to apply for CE credit as an individual. **8-10-17**

Many of our seminars are funded in part by the William B. & Sylvia A. Hunsberger Fund