

30th Annual Child Welfare Workshop

Tuesday, April 17, 2018

8:15 am — 3:15 pm

**(7:15 am - 8:15 am) Registration Check-in,
Continental Breakfast, Exhibits & Networking**

Our Children, Our Community

In 1988 a group of agencies, dedicated to the well being of children in our community, formulated the first Child Abuse Conference to provide an educational experience for individuals who work with *Our Children in Our Community*. The Child Abuse Conference was renamed the Child Welfare Workshop several years later. This year's Child Welfare Workshop marks 30 years of dedication to the field of child welfare and of the community's efforts to enhance the lives of children and those in their charge.

Continuing Education Credits

Note: To receive a certificate of completion and continuing education credits, attendees must be on time and attend 100% of the program. Partial credit will not be awarded.

Maryland Social Workers: Brook Lane is an approved sponsor of the Maryland Board of Social Work Examiners for continuing education credits for licensed social workers in Maryland. Brook Lane is solely responsible for all aspects of the program. Program will provide 5.0 credit hours of Category I continuing education; partial credit will not be awarded.

Maryland Psychologists: The Maryland State Board of Examiners for Psychologists will accept CE hours provided by Brook Lane, an approved CE sponsor of the MD Board of Social Work Examiners. Program will provide 5.0 credit hours; partial credit will not be awarded.

Counselors/Therapists: Brook Lane Health Services has been approved by NBCC as an Approved Continuing Education Provider, ACEP™ #5452. Programs that do not qualify for NBCC credit are clearly identified. Brook Lane is solely responsible for all aspects of the program. This program will provide 5 clock hours; partial credit will not be awarded.



Other Disciplines seeking documentation of contact hours for submission of CEUs as an individual: A certificate of completion noting five educational/contact hours will be provided to those who attend 100% of the program. Partial credit will not be awarded.



Hager Hall Convention & Event Center

**901 Dual Highway
Hagerstown, MD, 21740**

Our Children, Our Community

2018 Workshop Planning Committee

**Big Brothers Big Sisters of
Washington County, MD, Inc.**

Brook Lane Health Services, Inc.

Meritus Behavioral Health Services

Potomac Case Management, Inc.

**The Mental Health Center of
Western Maryland**

**Washington County Department
of Social Services**

**Washington County Mental
Health Authority**

Washington County Public Schools

***This Annual Child Welfare Workshop
is funded in part by an educational
grant secured by Washington County
Department of Social Services.***

Registration Fee: \$ 59.00 Fee includes continental breakfast, lunch and certificate of completion and 5 CEUs (for those who complete 100% of the Workshop)

To register, complete the attached registration form and submit with payment.

Questions? Contact Debbie Staley at deb.staley@brooklane.org or call 301-733-0331 x 1189

Child Welfare Workshop Agenda

Tuesday, April 17, 2018

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|-----------------------|--|---|
| Grand Ballroom | 7:15 am - 8:15 am | Registration Check-in and Continental Breakfast Exhibit Visitation and Networking |
| | 8:15 am - 8:30 am | Workshop Begins with Opening Remarks ** Registration check-in desk will <u>close at 8:30 am</u> ** <i>Reminder: You must be on time and attend 100% to receive a certificate and CEUs</i> |
| | General Session 8:30 am - 9:45 am | Secondary Trauma and Child Welfare Marcus Stallworth, LMSW , is the training & development specialist for the Child Welfare League of America where he provides training, consulting services & curriculum development. He has over 17 years of experience in child welfare including 13 yrs. with Child Protective Services and 8 yrs. with the Connecticut Department of Children and Families as a PRIDE development specialist. He is recognized by the state of Connecticut as an expert witness regarding severe abuse/neglect cases. Marcus is an adjunct professor at the University of Bridgeport in Connecticut. Learning Objectives: <ul style="list-style-type: none"> • Discuss the unique stress experienced by individuals working in the field of child welfare; • Explain how exposure to trauma experienced by others affects child welfare workers; • Understand how stressors influence decision-making; • Employ personal strategies to lessen the impact of others trauma in Child Welfare work. |

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| Choosing Sessions | Following the General Session you will have the opportunity to choose from a number of topics within three different Sessions (see right). Make your selections on the Workshop Registration Form . <i>Choose carefully to avoid duplicating topics.</i> | Session I: 10:00 am - 11:15 am Choose from Tracks: A, B, C, D, E |
| | | Session II: 12:30 pm - 1:45 pm Choose from Tracks: F, G, H, I, J |
| | | Session III: 2:00 pm - 3:15 pm Choose from Tracks: K, L, M, N, O |

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|----------------------|-----------------------------------|--|
| Berkeley Room | Track A 10:00 am - 11:15 am | Social Media, Body Image and Eating Disorders Susan Corley, LCSW-C , is an outpatient therapist at Brook Lane's North Village location specializing in the treatment of children and adolescents with a variety of mental health issues. She has over 25 years of experience and has studied eating disorders extensively. Susan is a frequent speaker on the biological, behavioral and social factors that contribute to disordered eating. Learning Objectives: <ul style="list-style-type: none"> • Differentiate between disordered eating and eating disorders; • Discuss the role of body image in eating disorders; • Describe the influence of social media on body image and eating disorders; • Employ strategies to mitigate the influence of media on self-image. |
| | Track F 12:30 pm - 1:45 pm | Mindfulness-based Intervention Techniques for Youth Molly Love, LCSW , is the coordinator of Social-Emotional Programming at the McLean School in Potomac, MD. She has worked with youth, practitioners and parents to improve the lives of children and families in the DC and surrounding area for over 20 years. McLean School is a transformative, independent, coeducational, college preparatory day school that integrates mindfulness to reduce student stress and aid in focus and learning. They welcome traditional learners as well as those with dyslexia, dysgraphia, dyscalculia, ADHD, anxiety and those with challenges with executive functioning. Learning Objectives: <ul style="list-style-type: none"> • Explain the connection between the mind and body and how it influences emotions and behavior; • Discuss how mindfulness interventions can help with executive functioning and self-regulation skills; • Learn practical mindfulness activities that can be used by both youth and practitioners in a variety of settings. |
| | Track K 2:00 pm - 3:15 pm | |

Child Welfare Workshop Agenda - Tuesday, April 17, 2018

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| Ballroom | 11:15 am | Regroup in Grand Ballroom |
| | 11:20 am -12:30 pm | Complimentary Lunch - Exhibitor Visitation - Networking <i>Note: To expedite the serving process, Hager Hall will dismiss tables to the buffet line</i> |
| Turner Room | Track B 10:00 am - 11:15 am | Reaching Kids Using Play Therapy Techniques (Back by popular demand!) Terri Lancaster, MA, NCC, LCPC, RPT-S , is the outpatient services coordinator with The Mental Health Center of Western Maryland. She is a registered play therapist-supervisor and an active member of the Association for Play Therapy. She has over 20 years of experience working with children, families and community mental health. Learning Objectives: <ul style="list-style-type: none"> • Outline the overall objectives of play therapy; • Discuss four basic play therapy skills for working with children; • Use basic play therapy techniques to help children build a better sense of self; • Evaluate outcomes for particular play therapy techniques. |
| | Track G 12:30 pm - 1:45 pm | Supporting Social Skills for Individuals with Autism Heather Hinkle, BA, Med , is the education program coordinator at Frederick Community College. She is the former education consultant with Blue Ridge Behavioral Health Services where she worked with children with autism and related developmental disabilities. Heather has over 20 years of experience working with individuals with disabilities in the home, school and community. Learning Objectives: <ul style="list-style-type: none"> • Compare and contrast the development of social skills in individuals on the autism spectrum with those who are neuro-typical; • Summarize how and when specific social skills are commonly used and detail ways to explain this to individuals with autism; • Create guidelines for use when instructing social skills to individuals with autism. |
| Myers Room | Track L 2:00 pm - 3:15 pm | Helping Children Cope with Sudden Traumatic Death (The Heroin Epidemic) Robin D. Morris, LCSW-C, CCTP , is a therapist practicing at Brook Lane's North Village outpatient location. She is a former bereavement specialist with Hospice of Washington County (MD) specializing in child and adolescent grief. While employed with Hospice, Robin developed, coordinated and served as director of "Camp Hope 'N Cope," Hospice's first overnight grief and loss camp for children and adolescents. Learning Objectives: <ul style="list-style-type: none"> • Describe factors affecting the nature of sudden loss due to substance use; • Explain traumatic grief & complicated mourning; • Employ intervention strategies to help children process the "unanswerable why." |
| | Track C 10:00 am - 11:15 am | Strategies for Fostering Parent Engagement Pat Harvey, LCSW-C, ACSW , has over 35 years of experience working with families. She currently coaches the parents of youth and adults who have emotion dysregulation. Pat is a frequent speaker at workshops and conferences and the co-author of the books <i>Parenting a Teen Who Has Intense Emotions</i> , <i>Parenting a Child who Has Intense Emotions</i> , <i>DBT for At-Risk Adolescents</i> and <i>Hey, I'm Here Too</i> (a book for siblings of youth who have emotional challenges). Learning Objectives: <ul style="list-style-type: none"> • Learn how to create a non-judgmental and validating environment for parents; • Describe the barriers parents experience in changing their behaviors by using pros and cons; • Employ strategies to engage parents in learning what it means to be an effective parent. |
| Myers Room | Track H 12:30 pm - 1:45 pm | |
| Myers Room | Track M 2:00 pm - 3:15 pm | |

Track D10:00 am -
11:15 am**Psychological Effects of Parental Detention/Incarceration on Children**

Veronica Cruz, LCSW-C, is a clinical and forensic social worker with over 17 years of experience working with children, adolescents and families. She is a qualified expert witness in clinical and forensic social work in numerous jurisdictions and courts in Maryland. Ms. Cruz is the founder and CEO of Cruz & Associates, LLC where she specializes in preparing comprehensive forensic psycho-social reports for criminal and civil matters.

Learning Objectives:

- Discuss the short term and long term effects of parental absence;
- Utilize attachment theory to understand and treat the attachment deficits;
- Help children of incarcerated parents develop coping skills and build resiliency.

Track I12:30 pm -
1:45 pm**Effects of Parental Substance Abuse on Children & Extended Family**

Veronica Cruz, LCSW-C, clinical and forensic social worker (see above).

Learning Objectives:

- Describe the mental health impact of parental substance abuse on children & extended family members;
- Discuss the correlation between parental substance abuse and foster care;
- Help children of substance abusing parents develop coping skills and build resiliency.

Track N2:00 pm -
3:15 pm**Child & Adolescent Medications**

CB Benway, CRNP, is a certified clinical nurse specialist in child and adolescent psychiatry and family mental health. She is currently practicing at Brook Lane's Outpatient and Partial Hospitalization Program.

Learning Objectives:

- Discuss common child and adolescent behavioral concerns that may require medications;
- Differentiate between the major classifications of psychiatric medicines;
- Discuss various medications and their treatment expectations.

Track E10:00 am -
11:15 am**Non-Medication Interventions for Children with Attention Concerns**

Chris Rich, LCSW, ACSW, is the coordinator of Health Services at the Milton Hershey School, a private, cost-free, coeducational school providing educational services pre-k through 12th grade in Hershey, PA. He has over 20 years of experience in the field of social work working with children and adolescents in a variety of settings.

Abby Paine, MS, ADHD clinic coordinator at Milton Hershey School.

Learning Objectives:

- Identify sensory, seating and tactile strategies to assist children that exhibit attention concerns;
- Discuss strategies to help children develop skills to manage attention concerns;
- Use adaptive devices that can increase on-task behavior of children in that exhibit attention concerns.

Track J12:30 pm -
1:45 pm**Media Literacy and Internet Safety**

Marcus Stallworth, LMSW, is the training & development specialist for the Child Welfare League of America where provides training, consulting services & curriculum development. He is an adjunct professor at the University of Bridgeport (CT) where he teaches multiple courses including *Social Media: The Good, Bad and the Ugly*. He is also co-owner of Welcome 2 Reality, LLC where he is the director of learning & organizational development. Welcome 2 Reality recently played an instrumental role in the passing legislation in Connecticut mandating education on the safe use of social media/computer programming instruction in the public school system.

Learning Objectives:

- Describe the impact of social media and technology on today's youth;
- Discuss risk factors associated with social media and technology for youth;
- Develop skills for responding to the vulnerabilities of youth related to social media and internet safety.

Track O2:00 pm -
3:15 pm**The Effects of Poverty on Children**

Kathy Smith MEd, NCC, is a nationally certified counselor working as the admissions coordinator at the Milton Hershey School, a private, cost-free, coeducational school providing educational services pre-k through 12th grade in Hershey, PA. **Stacey Spangenburg, MS**, is an admissions counselor at Milton Hershey School where she assists families and children. Past experience includes family services, foster care, and adoption programs.

Learning Objectives:

- Discuss the challenges faced by youth living in poverty;
- Identify potential mental health concerns for children living in poverty;
- Explain the difference between generational and situational poverty;
- Develop strategies to help children in poverty manage challenges experienced by living in poverty.

Three Ways to Register



Fax

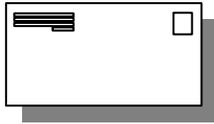
Complete the form with credit card info & fax to:
Attn: Workshop Cashier 301-733-4038



Online

www.brooklane.org

"Continuing Education Events"
(left hand side of the home page)



Mail

Complete the form and mail with payment to
Attn: SEMINAR Cashier
Brook Lane, PO Box 1945, Hagerstown, MD 21742

2018 Child Welfare Workshop Registration Form

Tuesday, April 17, 2018

Hager Hall, 901 Dual Highway, Hagerstown, MD 21742

Please **PRINT** Clearly

First Name: _____ Last Name: _____

Address: _____

City: _____ State: _____ Zip: _____

* Email (**REQUIRED** for registration & confirmation): _____

My discipline is: _____ Phone #: _____

Session Track Selections (please circle your choices)

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|--------------------------------|---|---|---|---|---|
| Session I: 10:00 am - 11:15 am | A | B | C | D | E |
| Session II: 12:30 pm - 1:45 pm | F | G | H | I | J |
| Session III: 2:00 pm - 3:15 pm | K | L | M | N | O |

Please note: If a requested track is filled (closed), you may be registered for an alternate time for that track.

Workshop Fee: **\$ 59.00** per person

*** **WCDSS Staff:** Contact Barb Shevokas to register

Payment: [] Check (Made payable to Brook Lane) [] MasterCard [] Visa [] Discover

Cardholder Name (as it appears on the card): _____

Cardholder Address (if different than above): _____

Account No. _____ Expiration Date: _____

Cardholder Signature: _____ CV Code (3 digit # back of card): _____

Registration Deadline: **April 9, 2018** or when maximum number of participants (300) is reached

Cancellation Policy: A \$10.00 processing fee will apply to *all* cancellations. To receive a refund, cancellations must be made in writing and received no later than **April 9, 2018**. No refunds will be made after that date or for no-shows.

Awarding of

Certificate & CEUs: To receive a certificate of completion noting five educational/contact hours and 5 CEUs, attendees must **arrive on time and complete 100% of the Workshop**.

Program Questions: Debbie Staley, Manager of Continuing Education @ deb.staley@brooklane.org; 301-733-0331 ext. 1189 or by writing: Brook Lane, Attn: Debbie Staley, PO Box 1945, Hagerstown, MD 21742.

Directions

Child Welfare Workshop

**Hager Hall Convention & Event Center
901 Dual Highway (Rt. 40), Hagerstown, MD 21740**

Please plan your schedule and trip carefully to avoid delays. As a friendly reminder, to receive a certificate of completion and/or continuing education credits, attendees must be on time and attend 100% of the program. Partial credit is not permitted. Registration check-in will close at 8:30 am.

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|----------------|---|
| 7:15 am | Registration Check-in Continental Breakfast Exhibitor Visitation and Networking |
| 8:15 am | Opening Remarks |
| 8:30 am | Registration Closes Workshop Begins |
| 3:15 pm | Conclusion, Awarding of Certificates |

Parking:
Use the lot behind
Barefoot Bernie's.
Earlier arrival is recommended
for optimal parking.

From Interstate 70

- Take MD exit 32 B to 40 WEST towards Hagerstown
- Proceed WEST on Rt. 40 (approximately 2 miles)
- At the forth traffic light (Manor drive) make a U turn heading EAST (stay to your right)
- Cancun Cantina will be RIGHT shortly after the U turn
- Enter Cancun Cantina's parking lot and drive to the back of the building
- Park in this rear parking lot

From Interstate 81

- Take the I-70 exit, EAST towards Frederick
- Take MD exit 32 B to 40 WEST towards Hagerstown
- Proceed WEST on Rt. 40 (approximately 2 miles)
- At the forth traffic light (Manor drive) make a U turn heading EAST (stay to your right)
- Cancun Cantina will be RIGHT shortly after the U turn
- Enter Cancun Cantina's parking lot and drive to the back of the building
- Park in this rear parking lot

Thank you for joining us, we hope you have an informative and enjoyable experience.