

29th Annual Child Welfare Workshop

Tuesday, April 18, 2017

8:15 am — 3:15 pm

**(7:15 am - 8:15 am Registration Check-in,
Continental Breakfast, Exhibits & Networking)**

**Hager Hall
Convention & Event Center
901 Dual Highway, Hagerstown, MD 21740**

Our Children, Our Community

The 2017 Child Welfare Workshop Planning Committee is pleased to present another meaningful educational experience for individuals who work with *Our Children in Our Community*.

This year's workshop will offer 12 different topics selected from past attendee suggestions. Those who attend the full workshop will be eligible to receive a certificate of completion for five educational hours and continuing education credits for the professionals below.

Continuing Education Credits

Note: To receive a certificate of completion and continuing education credits, attendees must be on time and attend 100% of the program. Partial credit will not be awarded.

Maryland Social Workers: Brook Lane is an approved sponsor of the Maryland Board of Social Work Examiners for continuing education credits for licensed social workers in Maryland. Brook Lane is solely responsible for all aspects of the program. Program will provide 5.0 credit hours of Category I continuing education; partial credit will not be awarded.

Maryland Psychologists: The Maryland State Board of Examiners for Psychologists will accept CE hours provided by Brook Lane, an approved CE sponsor of the MD Board of Social Work Examiners. Program will provide 5.0 credit hours; partial credit will not be awarded.

Counselors/Therapists: Brook Lane Health Services has been approved by NBCC as an Approved Continuing Education Provider, ACEP™ #5452. Programs that do not qualify for NBCC credit are clearly identified. Brook Lane is solely responsible for all aspects of the program. This program will provide 5 clock hours; partial credit will not be awarded.

Other Disciplines seeking documentation of contact hours for submission of CEUs as an individual: A certificate of completion noting five educational/contact hours will be provided to those who attend 100% of the program. Partial credit will not be awarded.



***Our Children,
Our Community***



2017 Workshop Planning Committee

**Big Brothers Big Sisters of
Washington County, MD, Inc.**

Brook Lane Health Services, Inc.

Meritus Behavioral Health Services

Potomac Case Management, Inc.

**The Mental Health Center of
Western Maryland**

**Washington County Department
of Social Services**

**Washington County Mental
Health Authority**

Washington County Public Schools

**This Annual Child Welfare Workshop
is funded in part by an
educational grant secured by
Washington County
Department of Social Services.**

Registration Fee: \$ 49.00 Fee includes continental breakfast, lunch and certificate of completion and 5 CEUs (for those who complete 100% of the Workshop)

To register, complete the attached registration form and submit with payment.

Questions? Contact Debbie Staley at deb.staley@brooklane.org or call 301-733-0331 x 1189

Three Ways to Register



Fax

Complete the form with credit card info & fax to:
Attn: Workshop Cashier 301-733-4038



Online

www.brooklane.org

"Continuing Education Events"
(left hand side of the home page)



Mail

Complete the form and mail with payment to
Attn: SEMINAR Cashier
Brook Lane, PO Box 1945, Hagerstown, MD 21742

2017 Child Welfare Workshop Registration Form

Tuesday, April 18, 2017

Hager Hall, 901 Dual Highway, Hagerstown, MD 21742

Please **PRINT** Clearly

First Name: _____ Last Name: _____

Address: _____

City: _____ State: _____ Zip: _____

* Email (**REQUIRED** for registration & confirmation): _____

My discipline is: _____ Phone #: _____

Session Track Selections (please circle your choices)

Session I: 10:00 am - 11:15 am	A	B	C	D	E
Session II: 12:30 pm - 1:45 pm	F	G	H	I	J
Session III: 2:00 pm - 3:15 pm	K	L	M	N	O

Please note: If a requested track is filled (closed), you may be registered for an alternate time for that track.

Workshop Fee: **\$ 49.00** per person

*** **WCDSS Staff:** Contact Barb Shevokas to register

Payment: Check (Made payable to Brook Lane) MasterCard Visa Discover

Cardholder Name (as it appears on the card): _____

Cardholder Address (if different than above): _____

Account No. _____ Expiration Date: _____

Cardholder Signature: _____ CV Code (3 digit # back of card): _____

Registration Deadline: **April 11, 2017** or when maximum number of participants (300) is reached

Cancellation Policy: A \$ 10.00 processing fee will apply to all cancellations. To receive a refund, cancellations must be made in writing and received no later than **April 11, 2017**. No refunds will be made after that date or for no-shows.

Awarding of Certificate & CEUs: To receive a certificate of completion noting five educational/contact hours and 5 CEUs, attendees must **arrive on time and complete 100% of the Workshop**.

Program Questions: Debbie Staley, Manager of Continuing Education @ deb.staley@brooklane.org; 301-733-0331 ext. 1189 or by writing: Brook Lane, Attn: Debbie Staley, PO Box 1945, Hagerstown, MD 21742.

Child Welfare Workshop Agenda

Tuesday, April 18, 2017

Grand Ballroom

7:15 am -
8:15 am

Registration Check-in and Continental Breakfast
Exhibit Visitation and Networking

8:15 am
-
8:30 am

Workshop Begins with Opening Remarks
**** Registration check-in desk will close at 8:30 am ****
Reminder: You must be on time and attend 100% to receive a certificate and CEUs

General Session

8:30 am
-
9:45 am

The Angry Smile: Understanding Passive Aggressive Behavior
Signe Whitson, C-SSWS, is a school counselor and the COO of Life Space Conflict Intervention (LSCI) Institute, an internationally recognized training and certification program designed to turn crises into learning opportunities for young people with self-defeating patterns of behaviors. Ms. Whitson is an expert on the psychology of passive-aggressive behavior and the co-author of the book *The Angry Smile*.
Learning Objectives:

- Define and distinguish passive aggression from other forms of anger expression;
- Identify typical passive-aggressive behaviors in children, teens and adults;
- Understand five distinct and increasingly pathological levels of passive-aggressive behavior;
- Recognize how passive-aggressive behavior is typically displayed in home, school, workplace & online.

Choosing Sessions
Following the General Session you will have the opportunity to choose from a number of topics within three different Sessions (see right). Make your selections on the **Workshop Registration Form**.
Choose carefully to avoid duplicating topics.

Session I: 10:00 am - 11:15 am
Choose from Tracks: A, B, C, D, E

Session II: 12:30 pm - 1:45 pm
Choose from Tracks: F, G, H, I, J

Session III: 2:00 pm - 3:15 pm
Choose from Tracks: K, L, M, N, O

Berkeley

Track A
10:00 am -
11:15 am

Crisis Intervention Strategies
Jan Hummer, MA, is the cofounder/executive director of Open Minds, Inc. an organization dedicated to the teaching of mindfulness techniques to help reduce stress and conflict.
Wendy Baracka, MSW, LICSW, is a clinical social worker with Morgan Co. Schools in WV. She is an adjunct instructor with the WVU School of Social Work and a certified trainer in the Nurtured Heart Approach. Ms. Barack is currently the vice president of the board of directors for Open Minds, Inc.
Learning Objectives:

- Describe behavioral indicators of a potential emergency/crisis;
- Demonstrate stress reduction/de-escalation techniques;
- Develop a variety of techniques for handling meltdowns;
- Effectively regain balance following an emergency/crisis.

Track F
12:30 pm -
1:45 pm

Track K
2:00 pm -
3:15 pm

Working with Human Trafficking Survivors: Clinical Considerations
Donna Batkis, LCSW-C, MSSW, MPM, is a senior clinical psychotherapist at the Hispanic Clinic at Johns Hopkins Hospital Community Psychiatry Program and in the community at St. Patrick's Church, Assisi House. As a bilingual therapist, she provides mental health & wellness services to Spanish speaking children/adults. She has over 30 years of experience in working with survivors of human trafficking, kidnapping, torture and homicide in treatment centers both nationally and internationally.
Learning Objectives:

- Identify ethical issues involved in working with survivors of human trafficking;
- Formulate a case presentation using a multicultural lens & differential diagnosis;
- Use both eco-mapping and multiple timeline techniques to enhance clinical engagement;
- Recognize the importance of lifecycle factors when working with survivors of human trafficking.

This session will provide
1.25 hours of
CE credit in ethics

Child Welfare Workshop Agenda - Tuesday, April 18, 2017

Ballroom

11:15 am

Regroup in Grand Ballroom

11:20 am

Complimentary Lunch - Exhibitor Visitation - Networking

12:30 pm

Turner

Track B

10:00 am -
11:15 am

Partnering with Parents: Using ABA Principles for Positive Behavior Change

Heather Hinkle, BA, MEd, is an education consultant with Blue Ridge Behavioral Health Services where she works with children with autism and related developmental disabilities. She has over 20 years of experience working with individuals with disabilities in the home, school and community. Her area of interest is in the development and implementation of home and school-based Applied Behavioral Analysis (ABA) programs.

Learning Objectives:

- Explain Applied Behavioral Analysis (ABA) principles;
- Discuss the importance of parent involvement in treatment outcomes;
- Identify potential challenges for families when using ABA techniques/strategies in the home;
- Utilize specific techniques to overcome challenges with ABA techniques/strategies;
- Evaluate the most effective ABA strategies for use in home environments.

Track G

12:30 pm -
1:45 pm

Using Social Stories to Teach Social Skills

Heather Hinkle, BA, MEd, is an education consultant with Blue Ridge Behavioral Health Services where she works with children with autism and related developmental disabilities. She has over 20 years of experience working with individuals with disabilities in the home, school and community.

Learning Objectives:

- Conduct a task analysis of social behaviors;
- Develop an effective social story for use in the home and community setting;
- Incorporate social stories in the treatment plan for specific individuals.

Track L

2:00 pm -
3:15 pm

Myers

Track C

10:00 am -
11:15 am

Supporting & Affirming Gender-Diverse Youth

Kate MacShane, M.Ed., MSW, LGSW, is a licensed graduate social worker with a private practice in Frederick, MD, where she provides affirmative psychotherapy to gender-diverse children, adolescents, adults, and their families. She is a member of the World Professional Association for Transgender Health.

Learning Objectives:

- Differentiate between sex, gender identity, gender expression, and sexual orientation;
- Identify mental health risks and protective factors for transgender and non-binary youth;
- Support caregivers as they navigate gender exploration and transition;
- Identify specific changes that organizations and individuals can make to support gender-diverse youth.

Track H

12:30 pm -
1:45 pm

Bullying & the Risk of Suicide: Assessment & Intervention

Paige N. Johnston, LCPC, is the clinical supervisor of Child, Adolescent and Young Adult Psychiatry at Johns Hopkins Bayview Medical Center where she provides oversight for a community-based outpatient clinic in the Baltimore region. The clinic has experienced an increase in psychiatric admissions due to issues associated with bullying and related suicidal ideation which has made addressing this concern a priority.

Alisa Gellman, LCPC, RYT 200, is a therapist providing mental health services to children/adolescents in a Baltimore Public School setting, Pre-K to 8th grade. She has experienced firsthand the impact that bullying can have on a child's functioning at school, in the community and at home. Alisa is also a register yoga therapist.

Learning Objectives:

- Describe psychosocial determinants and behavioral indicators for bullying;
- Outline the risk factors for suicide-related behaviors;
- Discuss the relationship between bullying behavior and suicide-related behavior;
- Learn effective approaches for preventing bullying and suicide.

Track M

2:00 pm -
3:15 pm

Child Welfare Workshop Agenda - Tuesday, April 18, 2017

Potomac

Track D
10:00 am -
11:15 am

Helping to Build Resilience and Well Being in Children & Families

Joan Smith, LCSW, is a Program Administrator with DHMH Behavioral Health Administration, Child and Adolescent Division. Her particular area of expertise is resilience and promoting the skills and mindset needed for positive wellbeing in children, families, communities & organizations.

Learning Objectives:

- Identify the 6 core concepts of resilience;
- Name 3 resilience skills that can be utilized when working with children and families;
- Discuss current advancements in science that supports the evidence for the use of resiliency base approaches in mental health;
- Explain 3 benefits for the clinician in enhancing personal and professional resilience.

Track I
12:30 pm -
1:45 pm

Providing a Trauma-Informed Approach to Care

Jessica Lertora, LCSW-C is a clinical social worker with the Frederick County Department of Social Services Out of Home Unit (Foster Care) and faculty member of the National Child Traumatic Stress Network (*NCTSN*) Learning Center for Child and Adolescent Trauma. She has a particular interest in working with families and young children who are healing from traumatic events.

Learning Objectives:

- Discuss childhood trauma in the context of child welfare;
- Explain the meaning and key principles of a trauma-informed approach;
- Use a trauma-informed approach when working with children and adolescents.

Track N
2:00 pm -
3:15 pm

Crystal Ballroom

Track E
10:00 am -
11:15 am

Heroin: Identification, Prevention and Intervention

Rebecca Hogamier, LCADC, MBA, is a licensed clinical alcohol and drug counselor and a Nationally Certified Master Addiction Counselor and Substance Abuse Professional (SAP). She is currently the program director for the Washington County Sheriff's Office's Day Reporting Center. Formerly, Becky was the director of the Washington County Health Department, Division of Behavioral Health Services for 20 years.

Learning Objectives:

- Explain the connection between opiate medications and heroin;
- Discuss risk and protective factors for heroin use;
- Describe the important components of an appropriate prevention program;
- Know when to refer an individual to substance abuse screening.

Track J
12:30 pm -
1:45 pm

The Legal Complexities of Working with Children

Travis W. Poole, Esq., is an associate attorney practicing with the law firm of Poole & Kane, P.A. In addition, Mr. Poole is an attorney for the Washington County Department of Social Services.

Terri Lancaster, MA, NCC, LCPC, RPT-S, is the outpatient program manager at The Mental Health Center of Western Maryland. She has over 20 years of experience working with children, families & community mental health.

Learning Objectives:

- Differentiate between physical custody and legal custody;
- Explain guardian's rights and who can make decisions for the child;
- Appropriately advocate for a child's wellbeing;
- Work effectively with difficult parent arrangements.

This session will provide
1.25 hours of
CE credit in ethics

Track O
2:00 pm -
3:15 pm

Supporting Children after Suicide or Overdose Loss

Sarah Montgomery, LCSW-C, is the coordinator of Children & Family Programs at Chesapeake Life Center at the Hospice of the Chesapeake in Pasadena, MD. She is the co-author of *Supporting Children After A Suicide Loss: A Guide of Parents and Caregivers* (2015).

Joy McCrady, MS, LGPC, NCC, is a clinical counseling fellow at the Chesapeake Life Center at Hospice of the Chesapeake where she co-facilitates a group for those who have lost a loved one to substance abuse.

Learning Objectives:

- Discuss the challenges faced by youth after the suicide or overdose death of a loved one;
- Use developmentally appropriate language for discussing suicide and/or overdose death with youth;
- Develop specific strategies to help youth bereaved by suicide and overdose loss.

Directions

Child Welfare Workshop

Hager Hall Convention & Event Center
901 Dual Highway (Rt.40), Hagerstown, MD 21740

Please plan your schedule and trip carefully to avoid delays. As a friendly reminder, to receive a certificate of completion and/or continuing education credits, attendees must be on time and attend 100% of the program. Partial credit is not permitted. Registration check-in will close at 8:30 am.

- | | |
|---------|---|
| 7:15 am | Registration Check-in
Continental Breakfast
Exhibitor Visitation and Networking |
| 8:15 am | Opening Remarks |
| 8:30 am | Registration Closes
Workshop Begins |
| 3:15 pm | Conclusion, Awarding of Certificates |

Parking:
Use the lot behind
Barefoot Bernie's.
Earlier arrival is recommended
for optimal parking.

From Interstate 70

- Take MD exit 32 B to 40 WEST towards Hagerstown
- Proceed WEST on Rt. 40 (approximately 2 miles)
- At the forth traffic light (Manor drive) make a U turn heading EAST (stay to your right)
- Cancun Cantina will be RIGHT shortly after the U turn
- Enter Cancun Cantina's parking lot and drive to the back of the building
- Park in this rear parking lot

From Interstate 81

- Take the I-70 exit, EAST towards Frederick
- Take MD exit 32 B to 40 WEST towards Hagerstown
- Proceed WEST on Rt. 40 (approximately 2 miles)
- At the forth traffic light (Manor drive) make a U turn heading EAST (stay to your right)
- Cancun Cantina will be RIGHT shortly after the U turn
- Enter Cancun Cantina's parking lot and drive to the back of the building
- Park in this rear parking lot

Thank you for joining us, we hope you have an informative and enjoyable experience.