



Continuing Education

In recognition of Eating Disorders Screening Program Month

Family-based Therapy for Children & Adolescents with Anorexia Nervosa



Family-Based Treatment (FBT) has proven to be an effective model in the treatment of Anorexia Nervosa in children and adolescents. For child and adolescent patients, empowering the family to help combat the eating disorder can lead to higher recovery rates and less risk for relapse.

Dr. Moran, licensed clinical psychologist serving adolescents, adults and families in the outpatient department

at The Center for Eating Disorders at Sheppard Pratt, will present the "Maudsley" approach to eating disorder treatment. The background, theory and application of FBT will be discussed as well as strategies for including the family into the treatment process.

At conclusion, attendees should be able to:

- Summarize the Maudsley approach to the treatment of anorexia nervosa;
- Describe current empirical support in favor of Family-Based Treatment (FBT);
- Explain the three phases of FBT;
- Implement a family meal intervention for children with anorexia nervosa.

Program Presenter:

Jennifer Moran, Psy.D., is a licensed clinical psychologist serving adolescents, adults and families in the outpatient department at the Center for Eating Disorders at Sheppard Pratt. She operates within an integrative approach with a special focus on cognitive behavioral therapy, acceptance and commitment therapy, and mindfulness-based strategies. Dr. Moran served as a family therapist in conjunction with the Center's NIMH-funded research study on effective therapies for adolescents with anorexia nervosa and is certified as a family behavioral therapist through the Training Institute for Child and Adolescent Eating Disorders.

Friday, February 23, 2018

8:30 am—11:45 am (Check-in 8:00 am)

Beaver Creek Country Club

9535 Mapleville Rd, Hagerstown, MD

This program is funded in part by the William B. and Sylvia A. Hunsberger Fund

Continuing Education Credits

Maryland Social Workers: Brook Lane Health Services is an approved sponsor of the Maryland Board of Social Work Examiners for continuing education credits for licensed social workers in Maryland. Brook Lane is solely responsible for all aspects of the program. This program will provide 3.0 credit hours of Category I continuing education; partial credit will not be awarded.

Maryland Psychologists: The Maryland State Board of Examiners for Psychologist will accept continuing education hours provided by Brook Lane, an approved CE sponsor by the Maryland State Board of Social Worker Examiners; partial credit will not be awarded.

Counselors/Therapists: Brook Lane Health Services has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5452. Programs that do not qualify for NBCC credit are clearly identified. Brook Lane is solely responsible for all aspects of the program. This program will provide 3 clock hours; partial credit not allowed.



Other Professionals: A certificate of completion noting the number of educational/contact hours will be provided.

Registration Information

Seminar Fee: \$ 69.00

Includes: continental breakfast & CEUs

To Register: See registration form

Brook Lane Staff: Follow Training Request procedures

Questions: deb.staley@brooklane.org
301-733-0331 x 1189

Brook Lane, PO Box 1945, Hagerstown, MD 21742
www.brooklane.org

Three Ways to Register



Fax

Complete the form with credit card information and fax to Attn: Seminar Cashier
301-733-4038



Online

www.brooklane.org

click on:
Continuing Education
Events



Mail

Complete the form and mail with payment to
Attn: SEMINAR Cashier
Brook Lane, PO Box 1945, Hagerstown, MD 21742

Brook Lane Seminar Registration Form

13121 Brook Lane, Hagerstown, MD 21742
301-733-0331 x 189 www.brooklane.org



Please PRINT Clearly

Last Name: _____ First Name: _____ MI: _____

Home Address: _____

City: _____ State: _____ Zip: _____

*Email address (*required for registration & confirmation*): _____

Contact Phone #: _____ Discipline: _____

Seminar: **Anorexia Nevosa** Date: **Friday, February 23, 2018**

Location: * **Beaver Creek Country Club, 9535 Mapleville Rd, Hagerstown, MD 21740**

Seminar Fee: **\$ 69.00 per person** [] I am a Brook Lane Employee: Requires submission of Training Request form and supporting documentation

Payment Method: [] Check #: _____ Credit Card: [] MasterCard [] Visa [] Discover

Cardholder Name: _____

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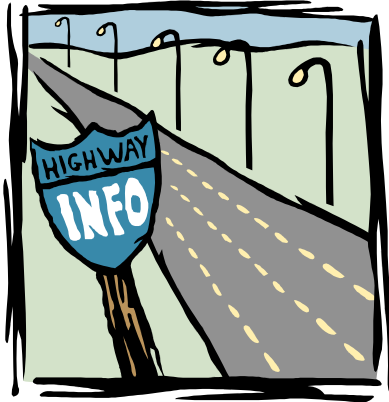
Account No. _____ Expiration Date: _____

Cardholder Signature: _____ CV Code (3 digit # back of card): _____

Please register early, space is limited!

Cancellation Policy: A \$ 10.00 processing fee will apply. To receive a refund, cancellations must be made in writing and received no later than Friday, **Feb 16, 2018**. No refunds will be made after that date or for no-shows.

Program Questions: Debbie Staley, Manager of Continuing Education@ deb.staley@brooklane.org; 301-733-0331 ext. 1189 or by writing: Brook Lane, Attention Debbie Staley, PO Box 1945, Hagerstown, MD 21742



Directions:

Beaver Creek Country Club

9535 Mapleville Road

Hagerstown, MD 21742

301-733-5138

www.BeaverCreekCC.com

From Interstate 70

- Take MD exit 35 (Smithsburg/Boonsboro Rt. 66)
- From the West, turn right off the exit
- From the East, turn left off the exit
- Proceed .5 mile
- Beaver Creek Country Club will be on the left

From Interstate 81

- Take Interstate 70 East
- Take MD exit 35 (Smithsburg/Boonsboro Rt. 66)
- From the West, turn right off the exit
- From the East, turn left off the exit
- Proceed .5 mile
- Beaver Creek Country Club will be on the left