



# Continuing Education

## Helping Parents Learn to Structure a Healthy Environment: DBT Skills for Working with Parents



This workshop will provide clinicians with effective tools to help them engage parents in a therapeutic process which will enable parents to learn effective parenting skills. Taught by an experienced clinical social worker and parent coach through anecdotes and the teaching of specific DBT skills, clinicians will learn strategies they can utilize to teach parents how to understand behaviors, recognize family patterns, and make effective parenting decisions to establish a healthy and safe environment for the entire family.

### ***At conclusion, attendees should be able to:***

- Describe BioSocial Theory and how it can be used to help parents understand their child's difficulties;
- Explain how validating parents can keep them engaged in the change process;
- List and discuss the skills of the Middle Path module of DBT for parents and children;
- Use 4 DBT skills to teach parents to create a healthier environment and to de-escalate children who are in crisis.

### ***Featuring: Pat Harvey, LCSW-C, ACSW***

Ms. Harvey has over 35 years of experience working with families and currently coaches parents of youth and adults who have emotion dysregulation using a DBT framework. She facilitates trainings and workshops on DBT concepts, skills, and family interventions throughout the U.S.

She is the co-author of the books *Parenting a Child Who Has Intense Emotions*; *Dialectical Behavior Therapy for At-Risk Adolescents*; *Parenting a Teen Who Has Intense Emotions* and *Hey, I'm Here Too* (a book for siblings of youth who have emotional challenges). In addition, Pat has co-authored an article about the grief of parents who have a child with mental illness and an article for Pediatric Nursing about the concept of validation.

**Friday, November 3, 2017**

**8:00 am—12:15 pm (Check-in 7:30 am)**

**Beaver Creek Country Club**

**9535 Mapleville Rd, Hagerstown, MD 21740**

*This program is funded in part by the  
William B. and Sylvia A. Hunsberger Fund*

### **Continuing Education Credits**

**Maryland Social Workers:** Brook Lane Health Services is an approved sponsor of the Maryland Board of Social Work Examiners for continuing education credits for licensed social workers in Maryland. Brook Lane is solely responsible for all aspects of the program. This program will provide 4.0 credit hours of Category I continuing education; partial credit will not be awarded.

**Maryland Psychologists:** The Maryland State Board of Examiners for Psychologist will accept continuing education hours provided by Brook Lane, an approved CE sponsor by the Maryland State Board of Social Worker Examiners; partial credit will not be awarded.

**Counselors/Therapists:** Brook Lane Health Services has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5452. Programs that do not qualify for NBCC credit are clearly identified. Brook Lane is solely responsible for all aspects of the program. This program will provide 4 clock hours; partial credit will not be awarded.



**Other Professionals:** A certificate of completion noting the number of educational/contact hours will be provided.

### **Registration Information**

<b>Seminar Fee:</b>	<b>\$ 79.00</b>	<b><i>Includes: continental Breakfast &amp; CEUs</i></b>
<b>To Register:</b>	<b>See registration form</b>	
<b>Brook Lane Staff:</b>	<b>Follow Training Request procedures</b>	
<b>Questions:</b>	<b>deb.staley@brooklane.org 301-733-0331 x 1189</b>	

# Three Ways to Register



## Fax

Complete the form with credit card information and fax to Attn: Seminar Cashier  
301-733-4038



## Online

[www.brooklane.org](http://www.brooklane.org)

*click on:*  
Continuing Education  
Events



## Mail

Complete the form and mail with payment to  
Attn: SEMINAR Cashier  
Brook Lane, P.O. Box 1945, Hagerstown, MD 21742

## Brook Lane Seminar Registration Form

P.O. Box 1945, Hagerstown, MD 21742  
301-733-0331 x 1189 [www.brooklane.org](http://www.brooklane.org)



*Please PRINT Clearly*

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ MI: \_\_\_\_\_

Home Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

\*Email address (*required for registration & confirmation*): \_\_\_\_\_

Contact Phone #: \_\_\_\_\_ Discipline: \_\_\_\_\_

Seminar: **DBT Skills for Working with Parents** Date: **Friday, November 3, 2017**

Location: **\*Beaver Creek Country Club, 9535 Mapleville Rd, Hagerstown, MD 21742**

Seminar Fee: **\$ 79.00 per person** [ ] I am a BL Employee, Dept #: \_\_\_\_\_  
(includes Continental Breakfast) (Brook Lane Staff: Payment will be handled by Brook Lane with submission of approved **Request for Training form and required documentation**)

Payment Method: [ ] Check #: \_\_\_\_\_ Credit Card: [ ] MasterCard [ ] Visa [ ] Discover

Cardholder Name: \_\_\_\_\_

Cardholder Address (*if different that above*): \_\_\_\_\_

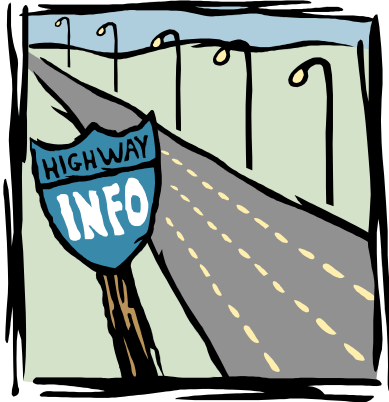
Account No. \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Cardholder Signature: \_\_\_\_\_ CV Code (3 digit # back of card): \_\_\_\_\_

***Please register early, space is limited!***

**Cancellation Policy:** A \$ 10.00 processing fee will apply. To receive a refund, cancellations must be made in writing and received no later than Friday, **October 27, 2017**. No refunds will be made after that date or for no-shows.

**Program Questions:** Debbie Staley, Manager of Continuing Education@ [deb.staley@brooklane.org](mailto:deb.staley@brooklane.org); 301-733-0331 ext. 1189 or by writing: Brook Lane, Attention Debbie Staley, P.O. Box 1945, Hagerstown, MD 21742



## **Directions:**

# **Beaver Creek Country Club**

**9535 Mapleville Road**

**Hagerstown, MD 21742**

**301-733-5138**

**[www.BeaverCreekCC.com](http://www.BeaverCreekCC.com)**

### ***From Interstate 70***

- Take MD exit 35 (Smithsburg/Boonsboro Rt. 66)
- From the West, turn right off the exit
- From the East, turn left off the exit
- Proceed .5 mile
- Beaver Creek Country Club will be on the left

### ***From Interstate 81***

- Take Interstate 70 East
- Take MD exit 35 (Smithsburg/Boonsboro Rt. 66)
- From the West, turn right off the exit
- From the East, turn left off the exit
- Proceed .5 mile
- Beaver Creek Country Club will be on the left