



# Continuing Education

## Social Media and its Impact on Adolescent Behavioral Health



Friday, January 26, 2018

8:30 —11:45 am (8:00 am Check-in & Breakfast)

Beaver Creek Country Club

9535 Mapleville Rd, Hagerstown, MD 21740

Social media, in all of its various forms, has become an integral part of the teenage experience. It can have both a positive and negative effect during a time when teens are developing their sense of identity and peer influence and acceptance is so important. This seminar will explore the vulnerabilities of the teenage brain and the influence social media can have on adolescent behavioral health. Discussion will include the importance of assessing a teen's social media use, identifying potential negative effects that may arise from the use of social media and interventions to address behavioral concerns.

### ***At the conclusion, attendees should be able to:***

- Identify the most commonly used social media by adolescents;
- Explain the vulnerability of the adolescent brain to the influences of social media;
- Discuss potentially negative mental health effects from the use of social media;
- Explain how social media use can place adolescents at risk for harm;
- Discuss how indirect communication fosters behaviors that impact relationships;
- Motivate clients toward change through self-discovery;
- Use intervention strategies to mitigate the negative effects of social media;
- Teach best practice strategies for social media use by adolescents.

### ***Program Presenter:***

**Susan Corley, LCSW-C** is an out-patient therapist practicing at Brook Lane's North Village location where she provides individual, family and group counseling. She has over 25 years of experience in the treatment of children, adolescents and adults with a variety of mental health concerns. She has presented a number of seminars on eating disorders and the teenage brain and has a particular interest in how the adolescent brain responds to various social influences. Susan earned her Masters of Social Work from the University of Pittsburgh in Pennsylvania.

### ***Continuing Education Credits***

**Please note: To be award any CE credit, you must be on time and attend 100% of the seminar.**

**Maryland Social Workers:** Brook Lane Health Services is an approved sponsor of the Maryland Board of Social Work Examiners for continuing education credits for licensed social workers in Maryland. Brook Lane is solely responsible for all aspects of the program. This program will provide 3.0 credit hours of Category I continuing education; partial credit will not be awarded.

**Maryland Psychologists:** The Maryland Board of Examiners for Psychologists will accept continuing education hours provided by Brook Lane, an approved CE sponsor by the MD Board of Social Worker Examiners.

**Counselors/Therapists:** Brook Lane Health Services has been approved by NBCC as an Approved Continuing Education Provider, ACEP™ #5452. Programs that do not qualify for NBCC credit are clearly identified. Brook Lane is solely responsible for all aspects of the program. This program will provide 3 clock hours; partial credit will not be awarded.

**Other Healthcare Professionals:** A certificate of completion noting the number of educational/contact hours will be provided.

***This program is funded in part by the William B. and Sylvia A. Hunsberger Fund***

### **Registration Information**

<b>Seminar Fee:</b>	<b>\$ 69.00</b> <i>includes breakfast &amp; CEUs</i>
<b>To Register:</b>	<b>See registration form</b>
<b>Brook Lane Staff:</b>	<b>Follow Training Request procedures</b>
<b>Questions:</b>	<b>301-733-0331 x 1189</b>

# Three Ways to Register



## Fax

Complete the form with credit card information and fax to Attn: Seminar Cashier  
301-733-4038



## Online

[www.brooklane.org](http://www.brooklane.org)  
click on:  
Continuing Education  
Events



## Mail

Complete the form and mail with payment to  
Attn: SEMINAR Cashier  
Brook Lane, PO Box 1945, Hagerstown, MD 21742

## Brook Lane Seminar Registration Form

13121 Brook Lane, Hagerstown, MD 21742  
301-733-0331 x 1189 [www.brooklane.org](http://www.brooklane.org)



*Please PRINT Clearly*

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Home Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

\*Email address (*required for registration & confirmation*): \_\_\_\_\_

Contact Phone #: \_\_\_\_\_ Discipline: \_\_\_\_\_

Seminar: **Social Media's Impact on Adolescents** Date: **Friday, January 26, 2018**

Location: \* **Beaver Creek Country Club, 9535 Mapleville Rd, Hagerstown, MD 21740**

Seminar Fee: **\$ 69.00 per person** [ ] BL Staff: (required submission of Training Request form)

Payment Method: [ ] Check #: \_\_\_\_\_ (*Payable to Brook Lane*) [ ] MasterCard [ ] Visa [ ] Discover

Cardholder Name: \_\_\_\_\_

Cardholder Address (*if different that above*): \_\_\_\_\_

Account No. \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Cardholder Signature: \_\_\_\_\_ CV Code (3 digit # back of card): \_\_\_\_\_

***Please register early, space is limited!***

**Cancellation Policy:** A \$ 10.00 processing fee will apply. To receive a refund, cancellations must be made in writing and received no later than Friday, **January 19, 2018**. No refunds will be made after that date or for no-shows.

**Questions:** **Debbie Staley, Manager of Continuing Education @ 301-733-0331 ext. 1189**



# Continuing Education

## Seminar Directions:

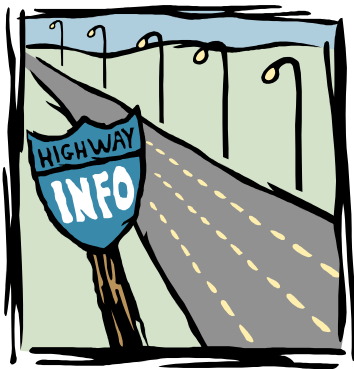
### Beaver Creek Country Club

9535 Mapleville Road

Hagerstown, MD 21742

301-733-5138

[www.BeaverCreekCC.com](http://www.BeaverCreekCC.com)



#### ***From Interstate 70***

- Take MD exit 35 (Smithsburg/Boonsboro Rt. 66)
- From the West, turn right off the exit
- From the East, turn left off the exit
- Proceed .5 mile
- Beaver Creek Country Club will be on the left

#### ***From Interstate 81***

- Take Interstate 70 East
- Take MD exit 35 (Smithsburg/Boonsboro Rt. 66)
- From the West, turn right off the exit
- From the East, turn left off the exit
- Proceed .5 mile
- Beaver Creek Country Club will be on the left